

**NEW YEAR... NEW OPPORTUNITIES...
NEW CHALLENGES... NEW BEGINNINGS...**

After the busyness of Christmas why not take some 'time out' and come along to a QUIET DAY at Holy Name House, Keswick?

'PRAYING WITH ST. PAUL'

The Quiet Day will be led by the Revd. Gary Cregeen, Vicar of Scotby & Cotehill with Cumwhinton

SATURDAY 28 JANUARY 2006

The church celebrates the conversion of St. Paul in late January each year. Join Gary to spend time with the Bible and its account of Paul's Conversion - and consider how our own journey of conversion is going.

*To book your place please contact: Sister Elaine Mary,
Holy Name House, Ambleside Road, Keswick,
CA12 4DD Tel. 017687 72998*

All the Quiet Days begin with coffee at 10 am and finish at 3.30 pm. Tea, coffee and soup are provided, but please bring your own packed lunch. There will be a charge of £3.50 per person on the day to cover the house's costs.