



The Rev'd Cameron Butland
Diocesan Spirituality
Adviser

Telephone: 015394-35326

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This monthly digest provides an update of spirituality events and projects around the county. *Cameron*



Ryddal Hall

Painting on Silk – Margaret

Wilmot

Mon 12 – Tue 13 May
£160 Full board. All materials included

Pentecost Quiet Day – Pentecost and Wesley – Revd. Richard Teal

Thurs 5 June
£20 includes refreshments and simple lunch

Expressive Mixed Media Art Break – Robert Dutton

Mon 23 June – Fri 27 June
£325 Full Board. £180 Non Resident
Please contact Robert at rdcreative@ntlworld.com for a list of materials required.

To book please phone
01539432050



Cumbria Ecumenical
Spirituality Group

'Journeying together with God in our daily lives'

Spiritual Directors
& Companions Day
Wednesday 18 June
At Ryddal Hall

10am-4pm

This is a day to bring together those currently offering Spiritual Direction and Companionship in the county. Please book into the day with Chris Wood, whose email address is given below.

Looking for a Spiritual Director?

Finding a Spiritual Director or Spiritual Companion is very important for all those engaged in ministry. CESG is here to assist and help those seeking a spiritual director/companion. CESG holds a list of those willing to offer spiritual direction and companionship for both clergy and laity.

The first point of contact is Chris Wood, tel: 01539738030

email:

cesg.chriswood678@yahoo.co.uk

A further day for those interested in Spiritual direction is planned for September at Ryddal Hall, please look out for details next month.

Exploring Silence

Weekend

Friday 13 June to Sunday
15 June 2014

Theme: Exploring and learning about silence and stillness for yourself

Leader: Ginny Wall & Cameron Butland

Venue: Glenthorne Quaker Centre
Easedale Road, Grasmere, Cumbria,
LA22 9QH.

Time: 18:00 Friday to 13:00 Sunday

Cost: £160:00 (residential)

Booking: Please contact Richard 01946 862990 cmcwccm@fastmail.fm

Do you want a leader for a Quiet Day or a Prayer Course?

Members of the CESG are here to help churches to deepen our understanding of faith and our spirituality. The Bible advises that each of us should be able to give an account of the hope that is within us'. By sharing together in the great resources of prayer we can build up our confidence to share our faith with others.

Please contact Cameron for any assistance.



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