

# Diocesan Spirituality Adviser



*The Rev'd Canon Cameron Butland is the Diocesan Spirituality Adviser. Cameron works with **the Cumbria Ecumenical Spirituality Group (CESG)**. CESG is responsible to the church leaders and denominations through Churches Together in Cumbria. The group works together to promote spirituality on behalf of the churches in the county, encouraging all Christians 'to give an account of the hope that is within them'.*

*Cameron has been ordained for over thirty years working previously in Lichfield and Oxford dioceses. During all that time he has been involved in teaching and tutoring those in training, specializing in church history. Previously he compiled a book on resources for work and faith entitled 'Work in Worship'. Currently he is the Bishop of Carlisle's Chaplain. He regularly leads various quiet days and courses on prayer and spirituality. In 2013 he published 'Walking into Celtic Spirituality' encouraging people to discover the richness of the Christian heritage. In addition he leads courses of on Silent Prayer and Prayer of the Heart.*

**Development Aims of Spirituality in Cumbria** - the Diocese of Carlisle, Cumbria Methodist District and Cumbria URC Area through the Cumbria Ecumenical Spirituality Group aim to:

1. assist our churches to reclaim their hidden treasury of spiritual insights and learning
2. offer talks, quiet days, courses and insights into the inner life to our fellow clergy and to parishes
3. we delve into the rich heritage of writings and teachings of the great teachers of the spiritual life as well as introducing some more contemporary writers
4. we seek to discern the link between spirituality and the gospel in daily living.

## **Finding a Spiritual Director**

If you wish to find a Spiritual Director, please contact either Revd. Helen Marshall on [helenmarshall2592@yahoo.co.uk](mailto:helenmarshall2592@yahoo.co.uk) phone 017687 72467 or Mr. Chris Wood on [cesg.chriswood678@yahoo.co.uk](mailto:cesg.chriswood678@yahoo.co.uk) or phone 01539 738030

All those currently **offering spiritual direction** and companionship are invited to be part of a new ecumenical list. Please contact Chris Wood to join the SD List.

## **2016 Programme**

There are a variety of Quiet Days and courses run during the year. Look out for the Rydal Hall programme, there are eight Quiet Days this year. In addition there is a course 'Exploring Silence' over the last weekend in June. Please go to [www.rydalahall.org](http://www.rydalahall.org)

The Cumbria Ecumenical Spirituality Group will also be offering longer courses to individuals and to groups of churches, especially in support of the Ecumenical County. In January there is a new Nourishing the Soul course and in September a monthly training course for Spiritual Direction. Anyone wanting help or advice should contact Cameron.

Christian Meditation Cumbria also hosts a number of days. On 1<sup>st</sup> October Laurence Freeman will be speaking at Rydal Hall, those wanting more information should contact Richard Broughton on [emcwccm@fastmail.fm](mailto:emcwccm@fastmail.fm)

## **Contact Details**

To contact Cameron please use one of the following:

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Alternatively via the Diocesan Website:

[www.carlisediocese.org.uk](http://www.carlisediocese.org.uk)